

## **COVID-19 stories**

## COVID-19 is still in the community. It can make some people with disability very sick.

In a series of short videos, everyday Australians with lived experience of disability talk about:

- why they chose to get vaccinated against COVID-19
- why it's important to them to practise COVID-safe behaviours.

You can watch the videos at:

disabilitygateway.gov.au/COVIDstories

## COVID-19 vaccination

Vaccination gives you added protection against getting very sick from COVID-19.

Most adults can get a booster dose every 12 months. Some adults are recommended to get a booster dose every 6 months.

To help you decide if you should get another COVID-19 vaccination dose, you can talk to:

- your doctor
- a pharmacist
- your NDIS service
- · an Aboriginal Health Service.

## COVID-safe behaviours

You can practise COVID-safe behaviours by:

- staying at home if you're feeling unwell
- wearing a mask if you're able to
- following good hygiene, such as washing your hands
- maintaining space between yourself and others.

For more information you can visit the Disability Gateway at disabilitygateway.gov.au/covid19-support