



Creating
an inclusive
community
together

What young people think about disability

An Easy Read Summary



About this summary

This summary is about what young people think about how people with disability in Australia are treated.



The study was about young people.

They were 16 to 24 years old.

When you see the word **we** in this summary it means the Australian National University.

We wrote this summary in an easy to read way.

We use pictures to explain some ideas.



You can find the report on this website.

www.disabilitygateway.gov.au/ads

You can get someone to help you

- read this summary
- know what this summary is about.

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What we did



We talked with 39 young people some

- had a disability
- did **not** have a disability.



We talked to young people from different backgrounds.



We talked with young carers who look after people with disability.

What we found out



Young people told us how people treat them because of their disability.



This can hurt all parts of life.

Who found this out

People from these places worked together



- Institute of Child Protection Studies at Australian Catholic University



- Children and Young People with Disability Australia



- Australian National University.

Who paid for this study



Australian Government
Department of Health,
Disability and Ageing

The Australian Government Department of Health, Disability and Ageing paid for this study.



Creating
an inclusive
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It is part of the work for Australia's
Disability Strategy 2021-2031.

What young people said about disability



People think people with disability cannot do much.

People think people with disability need lots of help.



These bad attitudes are because people might not know about disability.

Attitudes are what people think, feel and believe.



These bad attitudes can

- make life hard
- make work hard
- make school hard.



People with disability are proud of who they are.



Young people want others to see disability as just being different and not bad.

Disability pride



Young people with disability can be proud of themselves.



Disability pride means people with disability feel good about who they are.



Disability pride means people feel strong.

Improving attitudes



Young people told us about things that can change how people think about disability

Including people with disability in activities helps change attitudes.



Knowing people with disability helps change attitudes.



Seeing **real** people with disability on television helps change attitudes.

How negative attitudes affect young people with disability



Young people with disability often feel left out.



Laws meant to help people with disability sometimes don't work.



Bad attitudes can make life harder for people with disability at

- school
- work
- home.



Young people with disability want us to

- work together
- learn about disability
- support each other.



Stories about people with disability on social media can help change attitudes..

What helps people with disability?



We should change society to be more welcoming.



We need to teach people about disability.



People with disability should get to know and support each other.



Schools and workplaces should be easy for everyone to use.



The National Disability Insurance Scheme should work better for people with disability.

What we need to do



We need to

- make changes so people with disability are treated fairly



- be kind and welcoming



- let people join
 - at school
 - at work
 - in the community



- show people with disability on TV and in the media



- help everyone understand disability better.



This will help people with disability

- be happy
- reach their goals.